

LADIES

1	Charlotte Brooks	East Ex Tri	31.54
2	Daisy Watson	Benfleet	32.01
3	Hannah Legget	Nuclear	32.48
4	Jacke Stretton	Nuclear	32.59
5	Eleanor Royce	Leigh on sea	33.21
6	Linsey Colman	Leigh on sea	33.45
7	Danielle Robarts	Rochford	33.54
8	Joanna Bolton	Billericay	34.24
9	Laura Wise	Pitsea	34.35
10	Karen Lea	Rochford	34.44
11	Debra Wimpory	Benfleet	35.14
12	Steph Migliorny	Leigh on sea	35.5
13	Georgia Couzens	Benfleet	35.55
14	Kelly Fletcher	Benfleet	36.01
15	Sarah Goudne	Reds	36.27
16	Neve Gribble	Benfleet	36.48
17	Anna Locke	Leigh on sea	36.57
18	Chloe Oliver	Leigh on sea	37.42
19	Jo Bolter	Leigh on sea	37.49
20	Dani reeve	Leigh on sea	38.12
21	Victoria Emiley	Reds	38.15
22	Grace Nelder	Billericay	38.17
23	Abbi-May Walters	Benfleet	38.42
24	Jenny Bishop	Reds	38.44
25	Tina reeve	Leigh on sea	39.03
26	Mia Lynch	Leigh on sea	39.08
27	Nathalie Van Lagon	Nuclear	39.4
28	Natasha Ford	Leigh on sea	39.51
29	Jasmyne Head	Reds	40.27
30	Fiona Walker	Leigh on sea	40.34
31	Emma Jeffery	Benfleet	40.39
32	Katie Wilkinson	Benfleet	40.46
33	Esther Wynn	Benfleet	40.48
34	Ali Killick	Reds	40.54
35	Rosie Pettingill	Havering Jog	41.12
36	Jenny Chewler	Nuclear	41.18
37	Jane Yellop	Pitsea	41.26
38	Joane Ling	Billericay	41.34
39	Melanie Green	Havering Jog	41.47
40	Hollie Bunker	Brentwood	42.01
41	Daisy Mess	Brentwood	42.27
42	Lian Simmonds	Reds	42.48
43	Liv Hansen	Leigh on sea	42.52
44	Deborah Hall	East Ex Tri	43.19
45	Zoe greach	Pitsea	43.28
46	Adele Hart	Nuclear	43.3
47	Nikki Moughton	Billericay	43.33
48	Victoria Hopkins	East Ex Tri	43.43
49	Ellie Mole	Havering Jog	43.5
50	Christine Deacon	Billericay	43.53
51	Tracey Bradley	Castle Point	43.57
52	Anne Gunn	Leigh on sea	44.29
53	Sam Lee	Reds	44.31
54	Melissa Gilmore	Havering Jog	44.33
55	Belinda Riches	Barking	44.44
56	Gemma Addy	Nuclear	44.46
57	Karen Bateman	Nuclear	44.48
58	Theresa Uscategui	Brentwood	44.55
59	Victoria WH	Pitsea	44.56
60	Zena Shean	East Ex Tri	44.59
61	Christina Edwards	Castle Point	45.04
62	Lorraine Cowley	Billericay	45.09
63	Jackie Valient	Hockley	45.13
64	Maddie Smart	Benfleet	45.14
65	Surjie Grewal	Brentwood	45.23
66	Caroline Marks	Hockley	45.31
67	Rose Dawson	Hockley	45.34
68	Emily Young	Nuclear	45.37
69	Ane Sanchez	Leigh on sea	45.42
70	Karen Ramsey	Castle Point	45.44
71	Jessica Broad	Rochford	45.45
72	Carol drake	Leigh on sea	45.54
73	Diane Wagstaff	Hockley	46.05
74	Elisha Letley	Leigh on sea	46.08
75	Michelle Lock	Nuclear	46.11
76	Nicola Jacques	Pitsea	46.19
77	Vicky Wheelhouse	Nuclear	46.36
78	Laura Hardy	Havering Jog	46.39

79	Michelle Raposo	Pitsea	46.5
80	Angela Rowe	Leigh on sea	46.52
81	Sarah De Cristofano	Benfleet	47.13
82	Nina Wu	Billericay	47.2
83	Ruth Cooper Dickson	Reds	47.22
84	Anne Hoeb	Castle Point	47.31
85	Tina Burton	Castle Point	47.34
86	Kate Murphy	Pitsea	47.43
87	Linley Gray	Phoenix	48
88	Stephanie Whitwell	Rochford	48.15
89	Hayley Bloise	Reds	48.16
90	Dawan Chuihong	Reds	48.2
91	Sue Fuller	East Ex Tri	48.22
92	Krissy read	Phoenix	48.4
93	Linda Edwards	Havering Jog	48.42
94	Nichola Meader	Brentwood	48.44
95	Dan Myers	Reds	48.54
96	Jane Piper	Phoenix	48.55
97	Harley Beecroft	Havering Jog	49.01
98	Annette Johnson	Benfleet	49.18
99	Louise Maynard	Hockley	49.2
100	Chloe Pearce	Pitsea	49.21
101	Holly Shorter	Reds	49.24
102	Lou Dugdale	Leigh on sea	49.25
103	Suzy Stidston	Benfleet	49.29
104	Sarah Gager	Pitsea	49.32
105	Karen Sweeney	Castle Point	49.33
106	Kathy Scourfield	Billericay	49.36
107	Katie Darby	Pitsea	49.46
108	Rachel Morris	Havering Jog	49.58
109	Gina Gordon-Harris	East Ex Tri	50.02
110	Kerry Curtis	Havering Jog	50.19
111	Cath Patterson	Leigh on sea	50.36
112	Sarah Spooner	Castle Point	50.49
113	Beth Giblin	Pitsea	50.51
114	Mel Panting	Reds	50.59
115	Lisa Matthews	Billericay	51.05
116	Sally Kinsley	Nuclear	51.22
117	Loma Chaplin	Pitsea	51.5
118	Cathy Salmon	Leigh on sea	52
119	Amanda Skegg	Castle Point	52.31
120	Lesley Smart	Billericay	52.37
121	Mandy Cooper	Benfleet	52.46
122	Julie Healey	Pitsea	52.55
123	Claire Birrell	Hockley	52.59
124	Jade Brittain	Hockley	53.12
125	Clair Medhurst	Hockley	53.13
126	Katherine Stops	East Ex Tri	53.4
127	Grace Kelly	Dagenham	53.57
128	Melissa Burke	Havering Jog	54.05
129	Rael Duncan	Phoenix	54.12
130	Jackie Ludlow	Havering Jog	54.18
131	Ali Hall	Leigh on sea	54.22
132	Victoria	Phoenix	54.31
133	Nicola May	Phoenix	54.46
134	Cherry Box	Pitsea	54.55
135	Tracey Jones	Benfleet	55.47
136	Tessa Flannigan	East Ex Tri	56.12
137	Sarah Hemsworth	Castle Point	57.43
138	Jess Ellis	Leigh on sea	58.07
139	Laura McDermott	Benfleet	58.53
140	Janet Head	Pitsea	59.34
141	Maxine	Phoenix	59.51
142	Lorraine	Phoenix	60.19
143	Alison Fryatt	Barking	61.43
144	Kat Ware	Hockley	64.5
145	Clare Lawrence	Hockley	64.51
146	Vimala Ranggasami	Havering Jog	66.06
147	Shelley Edmeades	Rochford	67
148	Wendy Brothers	Nuclear	68.24
149	Jackie Elliott	Dagenham	71.23
150	Natalie Summers	Dagenham	71.24
151	Karen White	Pitsea	74.16
152	Laura Nash	Pitsea	74.16
153	Suzie Figgins	Pitsea	74.17
154	Chloe West	Leigh on sea	83.57
155	Zakra Akram	Barking	84.19
156	n/a	Dagenham	Score
156	n/a	Barking	Score