

Women's results

Position	Name	Vet	2CS	Club	Time		
1	Charlotte Brooks			East Essex Tri	28:38	Barking Road Runners	7
2	Daisy Watson			Benfleet RC	29:03	Benfleet RC	13
3	Keira Atkinson		ND	Nuclear Striders	29:35	Billericay Striders	7
4	Kayleigh Atkinson		ND	Nuclear Striders	30:23	Brentwood RC	4
5	Jackie Stretton			Nuclear Striders	30:41	Castle Point Joggers	8
6	Hannah Legget			Nuclear Striders	30:49	Dagenham 88	4
7	Lindsey Colman			Leigh-on-Sea Striders	31:10	East Essex Tri	8
8	Eleanor Royce			Leigh-on-Sea Striders	31:58	Havering '90 Joggers	13
9	Laura Wise	V		Pitsea RC	32:24	Hockley Trail Runners	9
10	Morgan Campbell			Havering '90 Joggers	32:29	Leigh-on-Sea Striders	15
11	Connie Coates			Benfleet RC	32:40	Nuclear Striders	12
12	Danielle Robarts	V		Rochford RC	33:01	Phoenix Striders	4
13	Steph Migs	V		Leigh-on-Sea Striders	33:15	Pitsea RC	10
14	Robin Childs			RED Runners	33:47	RED Runners	12
15	Joanne Bolton	V		Billericay Striders	33:58	Rochford RC	7
16	Karen Lea	V		Rochford RC	34:04		
17	Debra Wimpory	V		Benfleet RC	34:20		
18	Kelly Fletcher			Benfleet RC	34:29	TOTAL	133
19	Barbara Aldridge	V		Billericay Striders	34:42	Blank	3
20	Sarah Goodine	V		RED Runners	35:03		
21	Emma Blainey	V		Leigh-on-Sea Striders	35:09		
22	Nicola O'Doherty	V		Billericay Striders	35:11		
23	Rachel Riggs	V		Leigh-on-Sea Striders	35:31		
24	Chloe Oliver			Leigh-on-Sea Striders	36:31		
25	Victoria Emsly-Hankin	V		RED Runners	36:39		
26	Abbi-May Hemsworth			Benfleet RC	36:50		
27	Jo Bolter	V		Leigh-on-Sea Striders	36:56		
28	Kelly Unett	V		Castle Point Joggers	37:03		
29	Rosie Pettingill			Havering '90 Joggers	37:39		
30	Jenny Bishop	V		RED Runners	37:18		
31	Cailin Cable			Billericay Striders	37:27		
32	Hazel Greatbatch	V		Pitsea RC	37:34		
33	Natasha Ford			Leigh-on-Sea Striders	37:51		
34	Jasmyn Head			RED Runners	38:05		
35	Liv Hanson			Leigh-on-Sea Striders	38:11		
36	Nathalie Hagen	V		Nuclear Striders	38:33		
37	Sophie Downey			Leigh-on-Sea Striders	39:17		
38	Sallie Vanlint	V		Hockley Trail Runners	39:45		
39	Esther Wynn	V		Benfleet RC	40:10		
40	Lisa Butler	V		Benfleet RC	40:33		
41	Ali Killick	V		RED Runners	40:43		
42	Emily Young	V	ND	Nuclear Striders	41:03		
43	Lian Simmons	V		RED Runners	41:17		
44	Cristina Cooper	V		Barking Road Runners	41:28		
45	Geraldine Howard	V		Billericay Striders	41:41		
46	Belinda Riches	V		Barking Road Runners	41:45		
47	Maddie Smart			Benfleet RC	41:48		
48	Jane Yellop	V		Pitsea RC	41:55		
49	Tracey Bradley	V		Castle Point Joggers	42:02		
50	Deborah Hall	V		East Essex Tri	42:03		

51	Joanne Ling	V	Billericay Striders	42:24
52	Vicky Wheelhouse	V	Nuclear Striders	42:27
53	Zena Shean	V	East Essex Tri	42:31
54	Laura Hardy		Havering '90 Joggers	42:35
55	Debbie Durrant	V	Brentwood RC	42:37
56	Teresa Uscategui	V	Brentwood RC	42:47
57	Daisy Mess		Brentwood RC	43:03
58	Diane Wagstaff	V	Hockley Trail Runners	43:25
59	Sarah De Cristofano	V	Benfleet RC	43:33
60	Michelle Lock	V	Nuclear Striders	43:50
61	Carol Drake	V	Leigh-on-Sea Striders	44:09
62	Ruth Roberts	V	Phoenix Striders	44:15
63	Nicola Jaques		Pitsea RC	44:22
64	Victoria Hopkins	V	East Essex Tri	44:41
65	Cally Jupe		East Essex Tri	44:42
66	Karen Ramsey	V	Castle Point Joggers	45:10
67	Tedge King	V	Brentwood RC	45:16
68	Chloe Heaty		RED Runners	45:31
69	Anne Hoeb		Castle Point Joggers	45:32
70	Jessica Broad		Rochford RC	45:43
71	Jennifer Akroyd		Dagenham 88	46:00
72	Hannah Shean		East Essex Tri	46:06
73	Joanne Colby	V	Rochford RC	46:25
74	Chloe Pearce		Pitsea RC	46:57
75	Andrea Head	V	RED Runners	47:00
76	Myra Potter	V	Leigh-on-Sea Striders	47:04
77	Lou Dugdale	V	Leigh-on-Sea Striders	47:16
78	Annette Johnson	V	Benfleet RC	47:17
79	Suzy Stidston	V	Benfleet RC	47:23
80	Katie Darby	V	Pitsea RC	47:32
81	Jo Sinfield	V	Pitsea RC	47:33
82	Stephanie Whitwell	V	Rochford RC	47:53
83	Harley Beecroft	V	Havering '90 Joggers	48:14
84	Nikki Cramner	V	Barking Road Runners	48:27
85	Dawan Chuithang		RED Runners	48:31
86	Sarah Spooner	V	Castle Point Joggers	48:40
87	Rianne Clarey		Benfleet RC	48:50
88	Lesley Smart	V	Billericay Striders	48:52
89	Victoria Barker		Phoenix Striders	49:10
90	Hazel Fay	V	Phoenix Striders	49:19
91	Jill Langton	V	Nuclear Striders	49:27
92	Joyce Golder	V	Barking Road Runners	49:40
93	Rael Duncan		Phoenix Striders	49:55
94	Agata Skoneczna	V	Hockley Trail Runners	49:56
95	Rachel Morris	V	Havering '90 Joggers	50:02
96	Amanda Skeggs	V	Castle Point Joggers	50:03
97	Louise Maynard	V	Hockley Trail Runners	50:09
98	Mette Summers	V	Hockley Trail Runners	50:13
99	Holly Shorter		RED Runners	50:21
100	Kerry Curtis	V	Havering '90 Joggers	50:22
101	Karen Law	V	Hockley Trail Runners	50:29

102	Claire Birrell	V	Hockley Trail Runners	50:33
103	Sally Kinsley	V	Nuclear Striders	50:49
104	Hayley Blois	V	RED Runners	51:03
105	Cathy Salmon	V	Leigh-on-Sea Striders	51:44
106	Grace Kelly		Dagenham 88	51:47
107	Beth Gadlin	V	Pitsea RC	52:28
108	Katherine Stops	V	East Essex Tri	52:36
109	Rachel Law		Hockley Trail Runners	52:38
110	Teresa Flannigan	V	East Essex Tri	52:59
111	Milissa Burke	V	Havering '90 Joggers	54:17
112	Emma Steven Tangye	V	Havering '90 Joggers	54:44
113	Jackie Ludlow	V	Havering '90 Joggers	54:49
114	Alison Ewers	V	Nuclear Striders	55:37
115	Clair Medhurst	V	Hockley Trail Runners	55:56
116	Timi Veerasamy		Dagenham 88	56:36
117	Janet Head	V	Pitsea RC	56:51
118	Shammy Turay	V	Havering '90 Joggers	58:41
119	Alison Fryatt	V	Barking Road Runners	01:00:00
120	Dawn Curtis	V	Barking Road Runners	01:00:34
121	Beverley Markham	V	Castle Point Joggers	01:00:49
122	Sarah Hemsworth	V	Castle Point Joggers	01:00:50
123	Denise Woolston	V	Dagenham 88	01:05:48
124	Vimala Rangagasami	V	Havering '90 Joggers	01:07:24
125	Josy Hughes	V	Havering '90 Joggers	01:07:25
126	Laura Kelly	V	Havering '90 Joggers	01:07:26
127	Shelley Edmeades	V	Rochford RC	01:08:59
128	Rosemary Russell		Rochford RC	01:09:26
129	Karen White	V	Pitsea RC	01:16:09
130	Tracey Jones	V	Benfleet RC	01:16:10
131	Chloe West		Leigh-on-Sea Striders	01:20:19
132	Zahra Akram		Barking Road Runners	01:22:03
133	NON-RUNNER PENALTY			
134	Holly Harris			01:22:05
135	Georgina McMasters	V		01:22:05