

WOMAN / Vet	Position	Name	Club	Time
	1	Charlotte Brooks	East Essex Tri	0:29:23
	2	Jackie Stretton	Nuclear Striders	0:31:20
V	3	Lindsey Colman	LOSS	0:31:46
V	4	Laura Wise	Pitsea RC	0:33:13
	5	Emily Giddings	Billericay Striders	0:33:16
	6	Danielle Robarts	Rochford RC	0:34:01
	7	Connie Coates	Benfleet RC	0:34:37
	8	Kelly Fletcher	Benfleet RC	0:35:43
V	9	Nicola O'Doherty	Billericay Striders	0:35:46
V	10	Emma Blainey	LOSS	0:35:52
	11	Chloe Oliver	LOSS	0:35:54
	12	Neve Gribble	Benfleet RC	0:36:17
V	13	Sarah Goodine	RED Runners	0:36:23
V	14	Jo Bolter	LOSS	0:36:45
	15	Terri Wiley	Nuclear Striders	0:37:27
V	16	Victoria Emsley-Hankin	RED Runners	0:37:51
V	17	Jenny Bishop	RED Runners	0:37:58
	18	Jasmyn Head	RED Runners	0:38:02
	19	Eloise Smith	Brentwood RC	0:38:48
	20	Laura Tang	Billericay Striders	0:38:53
	21	Katie Wilkinson	Benfleet RC	0:39:06
	22	Emma Jeffries	Benfleet RC	0:39:07
	23	Grace Nelder	Billericay Striders	0:39:08
V	24	Kristina Read	Phoenix Striders	0:39:16
	25	Nathalie Van Lagen	Nuclear Striders	0:39:51
V	26	Sallie Vanlint	Hockley Trail Runners	0:39:56
V	27	Mary Lloyd	Brentwood RC	0:40:10
V	28	Esther Wynn	Benfleet RC	0:40:46
V	29	Jenny Chewter	Nuclear Striders	0:40:59
V	30	Mel Green	Havering '90 Joggers	0:41:11
V	31	Deborah Hall	East Essex Tri	0:41:17
	32	Kelly Unett	Castle Point Joggers	0:41:21
V	33	Jane Yellop	Pitsea RC	0:41:26
V	34	Belinda Riches	Barking Road Runners	0:41:40
V	35	Joanne Ling	Billericay Striders	0:41:47
	36	Zoe Greach	Pitsea RC	0:41:53
V	37	Geraldine Howard	Billericay Striders	0:42:05
V	38	Zena Shean	East Essex Tri	0:42:21
V	39	Lian Simmonds	RED Runners	0:42:35
V	40	Debra Pumfrett	Phoenix Striders	0:42:56
	41	Sam Lee	RED Runners	0:43:07
V	42	Nikki Moughton	Billericay Striders	0:43:08
V	43	Surjit Grewal	Brentwood RC	0:43:10
V	44	Jo Pearce	Phoenix Striders	0:43:19
V	45	Victoria Hopkins	East Essex Tri	0:43:24
V	46	Rahana Islam	Dagenham 88 Runners	0:43:27
	47	Chloe Heath	RED Runners	0:43:38
V	48	Theresa Uscategui	Brentwood RC	0:44:19
	49	Ane	LOSS	0:44:34

V	50	Claire Winning	Pitsea RC	0:44:36
	51	Romana Ewan	Brentwood RC	0:44:57
	52	Nicola Jaques	Pitsea RC	0:45:04
V	53	Carol Drake	LOSS	0:45:12
	54	Hannah Horsburgh	RED Runners	0:45:22
	55	Emily Braithwaite	East Essex Tri	0:45:27
V	56	Christine Deacon	Billericay Striders	0:45:32
V	57	Ruth Roberts	Phoenix Striders	0:45:54
V	58	Jo Sinfield	Pitsea RC	0:45:56
V	59	Katie Darby	Pitsea RC	0:46:09
V	60	Stephanie Whitwell	Rochford RC	0:46:14
V	61	Sarah De Cristofano	Benfleet RC	0:46:18
	62	Jessica Broad	Rochford RC	0:46:26
V	63	Jennifer Akroyd	Dagenham 88 Runners	0:46:29
V	64	Anne Hoeb	Castle Point Joggers	0:46:51
V	65	Michelle Rappso	Pitsea RC	0:46:55
V	66	Nicole Whittington	Phoenix Striders	0:47:11
	67	Jacqueline Ewan	Brentwood RC	0:47:21
V	68			0:47:25
V	69	Andrea Head	RED Runners	0:47:41
V	70	Clare Fraser	Phoenix Striders	0:48:01
V	71	Kathy Scourfield	Billericay Striders	0:48:40
V	72	Mandy Cooper	Benfleet RC	0:49:08
V	73	Sue Fuller	East Essex Tri	0:49:16
V	74	Nikki Cranmer	Barking Road Runners	0:49:21
V	75	Joyce Golder	Barking Road Runners	0:49:26
V	76	Suzy Stidston	Benfleet RC	0:49:53
	77	Rianne Clarey	Benfleet RC	0:50:06
	78	Dawanie Chuithong	RED Runners	0:50:07
	79	Rhianna Franklyn	Castle Point Joggers	0:50:10
V	80	Louise Maynard	Hockley Trail Runners	0:50:11
	81	Holly Shorter	RED Runners	0:50:29
V	82	Lesley Smart	Billericay Striders	0:50:54
V	83	Danielle Hughes	RED Runners	0:51:02
V	84	Jacqui Wilson	Rochford RC	0:51:10
V	85	Hazel Fay	Phoenix Striders	0:51:43
V	86	Linda Dutton	Rochford RC	0:51:54
V	87	Jane Piper	Phoenix Striders	0:52:25
V	88	Grace Kelly	Dagenham 88 Runners	0:53:42
V	89	Teresa Flannigan	East Essex Tri	0:54:16
V	90	Magdalena Lech	Phoenix Striders	0:55:28
V	91	Joanne Gudgeon	Phoenix Striders	0:55:29
V	92	Beth Gadlin	Pitsea RC	0:55:50
V	93	Lucy Ringshall	Phoenix Striders	0:56:02
	94	Sarah Hemsworth	Castle Point Joggers	0:56:47
V	95	Nicola Maslen	Phoenix Striders	0:57:42
V	96	Mel Burch	Phoenix Striders	0:58:43
V	97	Lorraine Borley	Phoenix Striders	0:59:22
	98	Laura McDermott	Benfleet RC	1:00:11
V	99	Caroline Mercieca	Phoenix Striders	1:01:22
V	100	Josy Hughes	Havering '90 Joggers	1:01:44

V	101	Laura Kelly	Havering '90 Joggers	1:01:46
V	102	Dawn Curtis	Barking Road Runners	1:01:53
V	103	Tracey Jones	Benfleet RC	1:03:17
	104	Clare Lawrence	Hockley Trail Runners	1:03:39
V	105	Michell Holman	Phoenix Striders	1:04:14
V	106	Christina Didham	Phoenix Striders	1:04:15
V	107	Alison Fryatt	Barking Road Runners	1:05:01
V	108	Shelley Edmeades	Rochford RC	1:05:16
V	109	Wendy Brothers	Nuclear Striders	1:14:06
	110	Chloe West	LOSS	1:24:48
	111	Zahra Akram	Barking Road Runners	1:28:48