

South Essex Cross Country League.

2014 – 2015.

Round 4. Weald Park.

15th February 2015.

Div 1. First lady..... Mel Barlow-Graham, T.S.E.

Div 1. First man.....Ryan Prout, Thrift Green.

Div 2. First lady Janice Brown, E.E.T.

Div 2. First man..... Rob Warner, Havering.

Results of Round 4.

Division 1.

	Score.
1. Billericay	115.
2. Benfleet.	188.
3. Thrift Green.	251
4. T.S.E.	462.
5. Barking.	529.

Division 2.

	Score
1. East Essex Tri.	206.
2. Dagenham.	521.
3. Havering.	531
4. Castle Point.	655.
5. Rochford.	702.
6. Pitsea.	783.

Position after Round 4.

Division 1.

	Points
1. Billericay.	20.
2. Benfleet.	16.
3. Tri Sport Epping	10.
4. Thrift Green	9.
5. Barking.	5.

Division 2.

	Points.
1. East Essex	24.
2. Dagenham.	20.
3. Havering.	14.
4. Castle Point.	10.
5. Rochford.	9.
6. Pitsea.	7.

D.G. 16.2.2015.

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Ladies' Results.

1.	Mel Barlow-Graham.	Tri Sport Epping.	32.19.
2.	Janice Brown.	East Essex.	32.57.
3.	Christine Howard.	Billericay.	33.07.
4.	Hayley Hawes.	East Essex.	33.18.
5.	Lindsey Coleman.	Rochford.	34.15.
6.	Jo Sullivan.	East Essex.	34.20.
7.	Vicky Cooper.	Barking.	34.52.
8.	Rebecca Gill.	East Essex.	35.50.
9.	Katie Wilkinson.	Benfleet.	36.42.
10.	Anna Clark.	Billericay.	36.48.
11.	Vanessa Dodds.	Benfleet.	36.51.
12.	Sally Baker.	Tri Sport Epping.	37.18.
13.	Lesley Perone.	East Essex.	37.36.
14.	Katy Roberts.	East Essex.	37.43.
15.	Kelly McClenagen.	Benfleet.	37.48.
16.	Jenny Harley.	East Essex.	38.03.
17.	Christina Edwards.	Castle Point.	38.22.
18.	Jennie Page.	East Essex.	38.31.
19.	Marijke Van Eetvelde.	Thrift Green.	38.37.
20.	Wendy Read.	Tri Sport Epping.	38.45.
21.	Jane Elgar.	Billericay.	38.58.
22.	Sara Norton.	Benfleet.	39.12.
23.	Nicki Hatfield.	Thrift Green.	39.16.
24.	Luisa Miller.	Rochford.	39.36.
25.	Madelein Van Der Merwe.	Tri Sport Epping.	39.42.
26.	Jo Ling.	Billericay.	39.42.
27.	Annette Johnson.	Benfleet.	39.46.
28.	Lisa Rieffel.	Castle Point.	40.24.
29.	Lynn Matthews.	Thrift Green.	40.28.
30.	Hannah Kane.	East Essex.	40.29.
31.	Eva Manleon.	Thrift Green.	40.49.
32.	Jo Thomas.	Rochford.	40.56.
33.	Jenny Akroyd.	Dagenham.	41.05.
34.	Julie Reeves.	Thrift Green.	41.08.
35.	Christine Deacon.	Billericay.	41.17.

Ladies Results continued.....

36.	Rahanna Islam.	Dagenham.	41.19.
37.	Jo Fitsall.	Castle Point.	41.48.
38.	Terry Howe.	Pitsea.	42.01.
39.	Simone Collins.	East Essex.	42.12.
40.	Sue Fuller	Benfleet	42.34
41	Val Sinclair	Pitsea	42.42
42	Nicola Fairbairn	Havering 90	42.54
43	Alison Clifford	Thrift Green	43.08
44	Ashley Donoghue	Barking	43.30
45	Ellie Mole	Havering 90	44.17
46	Rose Fuller	Pitsea	44.34
47	Helen Williams	Pitsea	44.38
48	Gill Harris	Pitsea	45.37
49	Lorna Chaplin	Pitsea	45.52
50	Theresa Flanagan	Pitsea	46.18
51	Timi Veerasamy	Dagenham	47.18
52	Alison Fryatt	Barking	47.47
53	Caz Wallis	Pitsea	47.50
54	Angela Smith	Pitsea	48.30
55	Suzanne Castle	Dagenham	48.48
56	Claire Keech	Dagenham	50.15
57	Bev Eagles	Dagenham	51.14
58	Janet Burrows	East Essex	54.24
59	Alisha Green	East Essex	54.36
60	Caroline Cummins	Dagenham	54.40
61	Val McCullagh	Castle Point	56.19
62	Cassie Bryant	Dagenham	56.29
63	Richelle Cockley	Dagenham	56.31
64	Tracy Bliss	East Essex	57.40
65	Lorraine Scott	Dagenham	57.44
66	Laura Thomas	Havering 90	59.19
67	Yvonne Hagan	Havering 90	65.25
68	Jacqui Elliot	Dagenham	69.47
69	Joanne Kingston	Dagenham	70.19.

DG 16.2.2015.

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Mens' Results.

1.	Rob Warner.	Havering.	25.12.
2	Ryan Prout	Thrift Green	25.52
3	George Elliott	Billericay	26.19
4	Paul Grange	Dagenham	27.04
5	Crispian Bloomfield	Billericay	27.05
6	Matt Bland	Thrift Green	27.26
7	Christian Gray	East Essex	27.42
8	James Cordon	Benfleet	27.43
9	Spencer Welch	Billericay	27.56
10	Kurtis Swan	Billericay	28.18
11	Paul Hart	East Essex	28.21
12	Matt Saward	Thrift Green	28.23
13	Chris O'Hara	Billericay	28.27
14	Terry Spooner	Benfleet	28.40
15	Nigel Swinburne	Dagenham	28.47
16	Dave Tullett	Billericay	29.07
17	Paul Suert	Dagenham	29.14
18	Peter Watson	Benfleet	29.17
19	Simon Theobald	Tri Sport Epping	29.20
20	Alan Clark	Benfleet	29.38
21	Tony Pecararo	Havering	29.44
22	Jack Morris	Pitsea	29.49
23	Patrick Hannah	East Essex	29.56
24	Steve Philcox	Barking	30.09
25	Colin France	Billericay	30.12
26	Richard Wilkes	East Essex	30.23
27	Andy Wright	Billericay	30.24
28	Graham Booty	Benfleet	30.35
29	Andy Bourne	Tri Sport Epping	30.53
30	Dervish Bartlett	Barking	30.54
31	Andy Low	Benfleet	31.01
32	John Barker	Thrift Green	31.12
33	Joseph Neighbour	Rochford	31.17
34	Mike Grout	Benfleet	31.20
35	Joe McGrath	Billericay	31.21

36	Phil Greenock	East Essex	31.22
37	Kevin Partridge	Thrift Green	31.24
38	Nick Rankin	Benfleet	31.27
39	David Nicel	East Essex	31.33
40	Peter Barrett	Thrift Green	31.40
41	Martin Palmer	East Essex	31.46
42	Keith Thornton	Thrift Green	31.49
43	Chris Payne	East Essex	31.50
44	Mike Woodward	Pitsea	31.51
45	Neil Collins	Havering	31.54
46	Alan Butler	Thrift Green	32.00
47	Wim Marshall	Thrift Green	32.09
48	James Bunn	East Essex	32.16
49	Michael Cerny	Benfleet	32.22
50	Jonathon Wyatt	East Essex	32.25
51	Steven Donoghue	Barking	32.27
52	Nelson Anderson	East Essex	32.29
53	James Roberts	East Essex	32.31
54	Phil Cooper	Thrift Green	32.33
55	Martin Paige	Barking	32.34
56	Matt Cops	East Essex	32.39
57	Richard Lomass	Thrift Green	32.49
58	Dave Spain	Benfleet	32.52
59	Terry Knightley	Billericay	32.55
60	Gary Pitman	Rochford	33.01
61	Ian Pike	Benfleet	33.17
62	Richard Bonham	Castle Point	33.23
63	Darren Latter	Rochford	33.28
64	Peter Binns	Castle Point	33.32
65	Ray Brooks	East Essex	33.39
66	Mark Miller	East Essex	33.48
67	Nick Wright	Thrift Green	33.52
68	Nick Jelley	Billericay	34.01
69	Phil Blerkom	East Essex	34.04
70	Mark Duncan	Havering	34.06
71	Mark Gare	Barking	34.07
72	John Sweeney	Castle Point	34.09
73	Doug Stephens	Benfleet	34.12
74	Danny Moody	Tri Sport Epping	34.14
75	Dave Hallam	Havering	34.25
76	Barney McCarthy	Thrift Green	34.29
77	Roy Hendley	Havering	34.33
78	Justin Polley	East Essex	34.50
79	Darren Hutchinson	Tri Sport Epping	34.59
80	Phil Olsen	Thrift Green	35.03
81	Cliff King	Castle Point	35.04

82	Steven Foggo	Billericay	35.09
83	Joel Denning	Dagenham	35.12
84	Paul Eagles	Dagenham	35.16
85	James Macnaish Porter	Thrift Green	35.19
86	Tom Robinson	Benfleet	35.20
87	Colin Lanham	East Essex	35.21
88	Mike Blerkom	East Essex	35.28
89	Tony Collins	Havering	35.32
90	Danny Duke	Thrift Green	35.38
91	Peter Harley	East Essex	35.47
92	David Gretton	Tri Sport Epping	35.56
93	Diarmuid MacDonnell	Barking	36.02
94	Steve Burton	Benfleet	36.25
95	Rick Wade	Castle Point	36.30
96	Brian Butcher	Castle Point	36.36
97	Don Sinclair	Pitsea	36.37
98	Ian Cummins	Dagenham	36.42
99	Alan Findlay	Tri Sport Epping	36.44
100	Peter Salmon	Dagenham	36.54
101	Mick Kavanagh	Thrift Green	37.03
102	John George	Barking	37.11
103	Paul Franklin	Castle Point	37.31
104	Mike Hopkins	Castle Point	37.42
105	Mark Colquhoun	Castle Point	37.48
106	Mick McDonnell	Thrift Green	37.52
107	Andrew Gwilliam	Barking	37.54
108	Martin McKean	Rochford	37.56
109	Kevin Jacob	Billericay	38.00
110	Gary Cardnell	Dagenham	38.02
111	Chris Huggins	Pitsea	38.06
112	Roger Hagan	Havering	38.13
113	Nigel Morgans	Tri Sport Epping	38.18
114	Rony Lee	Thrift Green	38.21
115	Mike Hayward	Castle Point	38.30
116	Rhys Davies	Tri Sport Epping	38.31
117	Ron Vialls	Barking	38.39
118	Peter Andeke	Pitsea	38.48
119	Richard Vernon	Rochford	38.54
120	Ray Vautier	Castle Point	39.02
121	Roger Winston	Havering	39.27
122	Nigel Burvill	Billericay	39.32
123	Richard Goade	Pitsea	39.36
124	Mark Robertson	Rochford	39.41
125	Gareth Tucker	Barking	39.47
126	Ian Bartrum	Castle Point	39.55
127	Neil Moses	Havering	39.56

128	Richard Harmer	Thrift Green	40.10
129	Rick Deacon	Billericay	40.14
130	Ian Hart	Castle Point	40.16
131	Colin Dunne	Castle Point	40.24
132	Mick Peggall	Dagenham	40.28
133	Ricky Lee	Billericay	40.47
134	Paul Claydon	Rochford	41.00
135	Kuresh Veerasamy	Barking	41.09
136	Michael Davison	Barking	41.53
137	Mick Robinson	Thrift Green	41.53
138	Keith Lovell	Rochford	42.03
139	Terry Allen	Benfleet	42.40
140	Simon Fitsall	Castle Point	42.50
141	Geoff Marsham	Thrift Green	43.12
142	Danny White	Dagenham	43.12
143	Paul Williams	Pitsea	43.28
144	Steve Whitfield	Dagenham	43.34
145	Owen Wilkins	Pitsea	43.43
146	Nick Booroff	Castle Point	43.46
147	Peter Chaplin	Pitsea	43.54
148	Neil Delgatty	Tri Sport Epping	44.07
149	Andy Wright	Havering	44.50
150	Brian Slade	Havering	45.01
151	Nick McCullogh	Castle Point	45.18
152	Mick Linstead	Dagenham	45.29
153	Jim Rourke	Billericay	45.45
154	Andy Chaplin	Pitsea	46.00
155	George Smith	Thrift Green	46.27
156	Martin Mason	Barking	46.37
157	Peter Bates	Pitsea	46.39
158	Gary Harford	Barking	46.41
159	David Skinner	Havering	47.27
160	Dennis Spencer Perkins	Barking	47.28
161	Joe Scourfield	Billericay	47.42
162	Chris Cammidge	Castle Point	47.55
163	Chris Anastasi	Barking	49.36
164	Ian Hawthorn	Pitsea	50.00
165	Brian Harding	Thrift Green	50.16
166	John Ford	Havering	50.29
167	Ernie Easterby	Billericay	51.03
168	Marc Saunders	East Essex	51.08
169	John Gregory	Havering	52.27
170	Steve Birkett	Thrift Green	52.52
171	Michael Ball	Barking	53.16
172	Keith Penfold	Havering	53.47
173	Rob Kleider	East Essex	54.24

174	Ken Summerfield	Barking	54.47
175	Bill Metcalfe	Dagenham	56.17
176	Steve Easley	Dagenham	56.35
177	Ingo Dierkschneider	Pisea	60.11
178	Aaron Goorley	Billericay	68.03.

D.G. 16.2.2015.