



Leigh-on-Sea Striders - SECCL Fixture 5 - Hadleigh Park **Chapel Lane, Hadleigh, SS7 2PP** [click here for directions](#)

5th March 2017, 10am Race Start

Leigh-on-Sea Striders are proud to again be hosting the 5th and final fixture of the 2016/17 South Essex Cross Country League. This 4.3 mile race open to all league club members will take place on the beautiful hills and flatlands of Hadleigh Country Park, with a new route and some exciting end of season action for all runners. Starting and finishing near The Hub, there are plenty of facilities to make a day of it. We hope to see you flying your club colours high for this race.

- £2 per person, on-the-day payment to be made to club representative
- Trophies for 1st, 2nd and 3rd Male & Female Individuals
- Large Car Park - £2 per vehicle, on-the-day payment to be made at the gate
- Timed and Fully Marshalled course, 4.3 miles (Trail shoes or spikes recommended . SHORT SECTIONS OF GRAVEL TRACK, BUT MOSTLY GRASS/MUD)
- Hot drinks and cakes available at the finish
- Adequate toilet facilities
- First Aid presence

Course map attached

Contact Dean Ovel on dean@justdotraining.com for any questions regarding this event.

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Final Route v1.2 (revised 27-02-17)

- ① Marshal Point
- ↩ Course Marker





