

SOUTH ESSEX CROSS COUNTRY LEAGUE 2017/18
DIVISIONS ONE AND TWO

1st ROUND - HADLEIGH COUNTRY PARK
19th November 2017

HELD UNDER UK ATHLETICS RULES
CROSS COUNTRY PERMIT NUMBER UKA/173:17

INDIVIDUAL WINNERS

First Man	Rhys	Gillard	23.54	LOSS
First Woman	Victoria	Hiscock	25.34	Benfleet RC

TEAM RESULTS

Division One

<u>Pos</u>	<u>Club</u>	<u>Men</u>	<u>Women</u>	<u>Total</u>	<u>Points</u>
1st	Benfleet RC	92	24	116	6
2nd	LOSS	105	40	145	5
3rd	Billericay Striders	130	47	177	4
4th	East Essex Tri	359	82	441	3
5th	Barking RR	307	266	573	2
6th	Brentwood RC	571	95	666	1

Division Two

1st	Tri Sport	330	108	438	6
2nd	Rochford RC	324	224	548	5
3rd	Castle Point	434	186	620	4
4th	Havering 90	400	359	759	3
5th	Dagenham 88	697	306	1003	2
6th	Pitsea RC	855	336	1191	1

CURRENT STANDINGS

Division One

<u>Pos</u>	<u>Club</u>	<u>R1</u>	<u>R2</u>	<u>R3</u>	<u>R4</u>	<u>R5</u>	<u>Total</u>
1st	Benfleet RC	6	0	0	0	0	6
2nd	LOSS	5	0	0	0	0	5
3rd	Billericay Striders	4	0	0	0	0	4
4th	East Essex Tri	3	0	0	0	0	3
5th	Barking RR	2	0	0	0	0	2
6th	Brentwood RC	1	0	0	0	0	1

Division Two

<u>Pos</u>	<u>Club</u>	<u>R1</u>	<u>R2</u>	<u>R3</u>	<u>R4</u>	<u>R5</u>	<u>Total</u>
1st	Tri Sport	6	0	0	0	0	6
2nd	Rochford RC	5	0	0	0	0	5
3rd	Castle Point	4	0	0	0	0	4
4th	Havering 90	3	0	0	0	0	3
5th	Dagenham 88	2	0	0	0	0	2
6th	Pitsea RC	1	0	0	0	0	1

Men's results

1	Rhys Gillard		LOSS	23.54	132	Rob West		LOSS	32.08
2	Crispian Bloomfield	V	Billericay	23.56	133	Tony Collins	V	Havering 90	32.09
3	Paul Grange		Barking	24.02	134	Kevin Partridge	V	Tri Sport	32.10
4	Dominic Corbin		LOSS	24.05	135	Martin Page	V	Barking	32.10
5	Kieran O'Doherty	V	Billericay	24.09	136	James MacNaish Porter	V	Brentwood	32.11
6	Lee Baynton		Benfleet	24.12	137	Ryan Gillard		LOSS	32.13
7	Chris O'Hara		Billericay	24.19	138	Luke Burkett	V	LOSS	32.19
8	James Hiscock		Benfleet	24.25	139	Aaron Salmon	V	LOSS	32.28
9	Matibini Matibini	V	LOSS	24.32	140	Ian Hart	V	Castle Point	32.28
10	Luke Gill		EET	24.36	141	Richard Fuller	V	EET	32.29
11	Paul Ruffy	V	Benfleet	24.37	142	Roy Fleming	V	Billericay	32.31
12	Gary Coombes	V	Barking	24.39	143	Danny Cracknell		Tri Sport	32.38
13	Chris Wayman		Benfleet	24.53	144	Grant England	V	Billericay	32.38
14	Marc Jones	V	Tri Sport	24.58	145	Paul Agastina	V	Pitsea	32.40
15	Barry Smith	V	Havering 90	25.02	146	David Harding		LOSS	32.41
16	Andrew Low	V	Benfleet	25.04	147	Mike Taylor		EET	32.42
17	Ben Green		Benfleet	25.06	148	Terry Maylin	V	Castle Point	32.58
18	Dean Ovel	V	LOSS	25.24	149	Laurence O'Harrison	V	Billericay	33.02
19	Simon Lashmar	V	Billericay	25.26	150	John George	V	Barking	33.02
20	Ian Toal	V	Rochford	25.35	151	Steve Luck	V	LOSS	33.18
21	Terence Spooner	V	Benfleet	25.43	152	David Ward	V	LOSS	33.19
22	Adam Lysons	V	LOSS	25.51	153	John Colby	V	Rochford	33.26
23	Damien Harvey		Benfleet	25.53	154	Chris Fairmond	V	Tri Sport	33.28
24	Andy Coleman	V	Billericay	25.57	155	Gary Matthews	v	Rochford	33.34
25	Stuart Cable	V	LOSS	26.00	156	Ron Vials	V	Barking	33.36
26	Dean Molloy	V	LOSS	26.02	157	Mike Clay		Castle Point	33.39
27	Ralph Mullan	V	Tri Sport	26.04	158	Bruce Mail	V	Havering 90	33.43
28	Steve Philcox	V	Barking	26.09	159	Kim Maspas	V	Tri Sport	33.44
29	Tony Pecararo	V	Havering 90	26.16	160	Trevor Robinson	V	Barking	33.45
30	Paul Suett	V	Dagenham 88	26.21	161	Dave Everett		Rochford	33.46
31	Graham Booty	V	Benfleet	26.23	162	Marc Outen		Rochford	33.47
32	David Nicol		EET	26.25	163	Phil Baker	V	Tri Sport	33.50
33	Matt Letley	V	LOSS	26.28	164	Darren Hutchinson	V	Tri Sport	33.54
34	Peter Barrett	V	Brentwood	26.30	165	Adam Stowe	V	Pitsea	33.56
35	Dan Buckley	V	Billericay	26.36	166	Michael Haylett	V	LOSS	33.57
36	Jerry Bethell	V	LOSS	26.39	167	Dave Flanagan	V	Castle Point	34.07
37	Daniel Elwood		Havering 90	26.39	168	Gary Clifford	V	Castle Point	34.11
38	Lloyd Miles	V	Billericay	26.44	169	Dave Dutton		Rochford	34.11
39	Ian George	V	EET	26.53	170	George Anderson-Brown		LOSS	34.12
40	Simon Theobald	V	Tri Sport	26.57	171	Richard Vernon		Rochford	34.18
41	Peter Tullett	V	Billericay	26.59	172	Tim Ketterer	V	LOSS	34.26
42	Dave Butler	V	Billericay	27.05	173	David Joy		Rochford	34.34
43	Vincent Mande		EET	27.06	174	Mark Freeman	V	Rochford	34.40
44	Mark Blee		LOSS	27.07	175	Andy Deacon	V	Rochford	34.47
45	James Simmons		Tri Sport	27.09	176	James Kane	V	EET	34.52
46	Richard Bonham	V	Castle Point	27.11	177	Martin Victory	V	Castle Point	34.54
47	James Lowndes		Barking	27.14	178	Chris Huggins	V	Pitsea	34.54
48	John Barker	V	Brentwood	27.24	179	Daniel Plawiak	V	Barking	34.59
49	Spencer Welch	V	Billericay	27.27	180	Clive Bailey	V	Rochford	35.00
50	<i>Ineligible athlete</i>			27.33	181	James Griffith		LOSS	35.05
51	Alan Clark	V	Benfleet	27.36	182	Justin Burton	V	Castle Point	35.06
52	Richard Jones	V	Benfleet	27.37	183	Barry Kay	V	Rochford	35.17
53	Adam Hemsworth		Castle Point	27.40	184	Luke Summers	V	Dagenham 88	35.22
54	Phil Nippard		Rochford	27.41	185	Paul Omer	V	Pitsea	35.28
55	Richard Moore	V	Castle Point	27.42	186	Gareth Smith		Castle Point	35.32
56	Sean McFarlane	V	LOSS	27.43	187	Nick Lowman		LOSS	35.34
57	Lukasz Sacharzewski		LOSS	27.44	188	Chris Ruffle		Rochford	35.41
58	Bob King		Rochford	27.47	189	Barry Culling		Barking	35.46
59	Tim Utting		Rochford	27.48	190	Nick Gianotti	V	Castle Point	35.51
60	Mark Gowers	V	Billericay	27.49	191	Pat O'Connor	V	Castle Point	35.52
61	Pete Stalley	V	Benfleet	27.53	192	Ian Bartram	V	Castle Point	35.56
62	Mike Woodward	V	Pitsea	27.54	193	Rob Kleider	V	EET	35.59
63	Tom Overing		Rochford	28.01	194	Justin Macal	V	Castle Point	36.06
64	Viorel Mih	V	Barking	28.01	195	Michael Pegnall		Dagenham 88	36.07
65	Bruce Gander	V	LOSS	28.02	196	Andy Pearson	V	Rochford	36.12
66	Matthew Barrett		LOSS	28.03	197	Ingo Dierkschneider	V	Pitsea	36.13
67	Aaron Paterson		LOSS	28.07	198	Mike Wheatley	V	Billericay	36.24
68	Chris Sellers	V	Rochford	28.11	199	Paul Franklin	V	Castle Point	36.35
69	Matt Stenning	V	Billericay	28.21	200	Mark Armitage		LOSS	36.41

70	Brian Longman	V	Tri Sport	28.26	201	Andrew Gwilliam	V	Barking	36.43
71	Ian Pike	V	Benfleet	28.35	202	Jeff Marsham	V	Brentwood	36.59
72	Alex Childs	V	LOSS	28.36	203	Steve Pettitt	V	LOSS	37.04
73	Diarmuid Mac Donnell		Barking	28.37	204	Darren Ratford	V	Havering 90	37.05
74	Phil Olson	V	Brentwood	28.46	205	Mark Childs	V	LOSS	37.07
75	Matt Rivers		LOSS	28.47	206	Matthew Sutton	V	LOSS	37.08
76	Andrew Dennett		EET	28.49	207	David Christy	V	Rochford	37.10
77	Bill Smith	V	EET	29.01	208	Andy Beazeley		Dagenham 88	37.15
78	Elliott Cone	V	LOSS	29.01	209	Alain Cooper	V	Barking	37.15
79	Nick Jelley	V	Billericay	29.03	210	David Dixon	V	Havering 90	37.17
80	Dervish Bartlett	V	Barking	29.04	211	Paul Ackers		Rochford	37.25
81	Barry Weldon	V	Billericay	29.08	212	Steve Kilcoyne		Rochford	37.38
82	Ray Brooks	V	EET	29.09	213	Ian Walker	V	Castle Point	37.44
83	Ian Gill	V	EET	29.14	214	Keith Walker	V	Billericay	37.46
84	James Burns	V	LOSS	29.16	215	Ron Seddon	V	Havering 90	37.48
85	Ben Whateley Harris		Brentwood	29.22	216	Gary Walsh	V	LOSS	37.48
86	Darren Summers	V	LOSS	29.22	217	Andrew Houseago	V	Havering 90	37.51
87	Colin Andrews		Rochford	29.23	218	Ty McKeown	V	Castle Point	37.57
88	Alan Butler	V	Brentwood	29.24	219	Ryan Fox		Castle Point	38.01
89	Peter Kerr		LOSS	29.27	220	Richard Quye	V	Barking	38.04
90	Colin Lanham	V	EET	29.29	221	Denis Mole	V	Havering 90	38.10
91	Phil Cooper	V	Billericay	29.31	222	Mick Kavanagh	V	Brentwood	38.17
92	Colin Dunn	V	Castle Point	29.33	223	Manji Gami	V	Dagenham 88	38.32
93	Anthony Moon		Castle Point	29.35	224	Martin England	V	Castle Point	38.34
94	Phil Ward	V	Barking	29.35	225	Ian Cummins	V	Dagenham 88	38.40
95	Martin Howlett		Castle Point	29.40	226	Paul Hellen	V	Rochford	38.58
96	Niki Read	V	LOSS	29.42	227	Gary Bright		Castle Point	39.04
97	Rick Wade	V	Castle Point	29.46	228	Gary Harford	V	Barking	39.06
98	Marc Downham	V	LOSS	29.57	229	Frank Heinen	V	Tri Sport	39.16
99	John Sweeney	V	Castle Point	30.01	230	Steve Constantinou	V	Havering 90	39.29
100	Colin Jones	V	Barking	30.02	231	Brian Slade	V	Havering 90	39.32
101	Neal Marlow	V	LOSS	30.04	232	Martin Mason	V	Barking	39.35
102	Rory Burr		Barking	30.06	233	Chris Thomas	V	Havering 90	40.16
103	Peter Salmon	V	Dagenham 88	30.10	234	Clive Burrow	V	Havering 90	40.18
104	Gary Flint	V	Havering 90	30.13	235	Kevin Brushett	V	Billericay	40.42
105	Brian Fry	V	Havering 90	30.18	236	Ray Vautier	V	Castle Point	40.48
106	Michael Turrington		Brentwood	30.33	237	Chris Cammidge	V	Castle Point	41.09
107	Toby Knight		EET	30.35	238	Peter Bates	V	Pitsea	41.28
108	David Kail		Barking	30.37	239	Rob Higgon	V	Castle Point	41.35
109	Steve Joslin		LOSS	30.41	240	Peter Chaplin	V	Pitsea	41.37
110	John Rozee	V	Havering 90	30.46	241	Ron Dobie	V	Havering 90	41.45
111	Scott Thrush		LOSS	30.51	242	Wally James	V	LOSS	42.02
112	Christian Gray		EET	30.59	243	Jim Rourke	V	Billericay	42.17
113	Mark Dalby	V	Havering 90	31.02	244	Trevor Hand	V	EET	42.29
114	Cliff King	V	Castle Point	31.03	245	Miles Wilson		Castle Point	42.35
115	Peter Binns	V	Castle Point	31.09	246	Nick McCullough	V	Castle Point	43.00
116	Ben Brooks		EET	31.09	247	David Walker	V	LOSS	43.20
117	Michael Bebbington	V	Benfleet	31.11	248	Jim Jennett	V	LOSS	43.24
118	Phil Priest	V	LOSS	31.15	249	Steve Sheekey	V	Havering 90	43.52
119	Jamie Austin	V	Dagenham 88	31.16	250	Andy Chaplin	V	Pitsea	43.54
120	Jim Price	V	Pitsea	31.21	251	Steve McDonald	V	Pitsea	44.07
121	Ronan Quinn	V	LOSS	31.23	252	Les Jay	V	Barking	44.57
122	Al Daw	V	Billericay	31.24	253	Antony Maughin	V	Barking	45.36
123	Adam Edwards		Rochford	31.26	254	Rob Courtier	V	Barking	45.47
124	Lloyd Richardson	V	LOSS	31.27	255	Tom Coughlan		Barking	46.14
125	Ben Pickett		EET	31.32	256	Kresh Veerasamy	V	Barking	46.27
126	Michael White	V	LOSS	31.40	257	Chris Anastasi	V	Barking	47.33
127	Colin White	V	Billericay	31.44	258	Dennis Spencer-Perkins	V	Barking	50.26
128	Mike Hopkins	V	Castle Point	31.51	259	Pete McLaughlin	V	Pitsea	53.12
129	Graeme Edwards	V	Castle Point	31.54	260	George Smith	V	EET	53.46
130	Rob Newton		Dagenham 88	32.02	261	Mick Ball	V	Barking	55.24
131	Mo Toki		Dagenham 88	32.05	262	Ray Shaw	V	Havering 90	59.42

Women's results

1	Victoria Hiscock		Benfleet	25.34	88	Louise Chappell	V	Dagenham 88	39.08
2	Katie Murray		Billericay	25.36	89	?????		Rochford	39.19
3	Sinead Clark		Benfleet	26.25	90	Cassandra Bryant	V	Dagenham 88	39.22
4	Rosa Prideaux		Billericay	27.16	91	Cristha Cooper		Barking	39.33
5	Debbie Coyle	V	Barking	27.47	92	Natalaie Rich		LOSS	39.34
6	Deborah Appleton	V	EET	28.13	93	Kerry Slessor	V	LOSS	39.36
7	Nicola Bredin		Benfleet	28.25	94	Nicki Steadman	V	BRE	39.42
8	Andrea Hughes	V	LOSS	28.49	95	Catherine Patterson	V	LOSS	39.48
9	Samantha Cone	V	LOSS	28.53	96	Stacey Wimbledon-Emig		EET	39.56
10	Ruth Chadney		Billericay	28.55	97	Louise Hammond	V	LOSS	39.56
11	Eleanor Johnson		LOSS	29.37	98	Lara Haradine	V	Havering 90	39.57
12	Sarah Pennington		LOSS	29.43	99	Roxanne George	V	LOSS	40.08
13	Dominique Hart	V	Benfleet	29.55	100	Emma Bolton	V	Havering 90	40.13
14	Sally Baker	V	Tri Sport	30.04	101	Lisa Westwick		LOSS	40.28
15	Jacqui Watson	V	Benfleet	30.27	102	Tina Victory	V	Castle Point	40.35
16	Emily Irons		Brentwood	31.00	103	Jenny O'Hanlon		Dagenham 88	40.41
17	Nikki Baynes		LOSS	31.09	104	Tina Burton	V	Castle Point	40.45
18	Nicola O'Doherty		Billericay	31.11	105	?????		Rochford	40.46
19	Rebecca Gill	V	EET	31.16	106	Rachel Robinson		Barking	40.48
20	Katie Spicer	V	LOSS	31.31	107	Victoria Hopkins	V	EET	40.50
21	Joanne Sullivan	V	EET	31.35	108	Rosina Salmon	V	Dagenham 88	40.53
22	Abbi-May Walters		Benfleet	31.52	109	Natalie Traylen	V	Barking	41.00
23	Amy Gornall		Brentwood	32.06	110	Heather Impey	V	Dagenham 88	41.18
24	Hayley Pegg		Brentwood	32.09	111	Jo Day	V	BRE	41.22
25	Emily Kampf		Tri Sport	32.17	112	Amelia Howe		LOSS	41.24
26	Jemma Lee		LOSS	32.18	113	Jo Harding	V	Rochford	41.30
27	Jayne Stacey		Benfleet	32.26	114	?????		Rochford	41.34
28	Charlotte Olsen		Brentwood	32.31	115	Andrea Kay		Rochford	41.41
29	Charlotte Gregory	V	LOSS	32.34	116	Teresa Flannigan	V	EET	41.42
30	Jess Bell	V	Tri Sport	32.44	117	Laura Sutton		LOSS	41.50
31	Barbara Aldridge	V	Billericay	32.52	118	Beverley Eagles	V	Dagenham 88	41.54
32	Nina Barrett	V	Brentwood	33.01	119	Jacqui Knowles	V	Rochford	41.56
33	Sarah Beedell	V	Brentwood	33.04	120	Caz Wallis	V	Pitsea	42.00
34	Victoria Wardley-Smith		LOSS	33.08	121	Sue Mayes	V	EET	42.02
35	Anne Hoeb	V	Castle Point	33.20	122	Marion Breeze	V	Pitsea	42.05
36	Jenny Harley	V	EET	33.26	123	Marie Waite	V	LOSS	42.13
37	Danielle Roberts		Rochford	33.44	124	Gill Harrison	V	Pitsea	42.23
38	Deborah Hall	V	EET	33.56	125	Lorraine Heal	V	Castle Point	42.44
39	Toni Saunders	V	Tri Sport	34.02	126	Natasha Crago	V	LOSS	42.51
40	Ruth Havis	V	Billericay	34.12	127	Jan Steed	V	Castle Point	43.00
41	Elisha Letley	V	LOSS	34.13	128	Kate Cammidge	V	Castle Point	43.05
42	Christina Edwards	V	Castle Point	34.18	129	Mel Gilmore	V	Havering 90	43.12
43	Mary Lloyd	V	Brentwood	34.19	130	Amanda Skeggs	V	Castle Point	43.19
44	Lisa James	V	Brentwood	34.24	131	Debra Jean-Baptiste	V	Barking	43.24
45	Sarah Lengthorn	V	Billericay	34.30	132	Sarah Hemsworth	V	Castle Point	43.38
46	Emma Hatcher		Brentwood	34.34	133	Veronica Barikor	V	Barking	44.34
47	Fiona Walker	V	LOSS	34.42	134	Claire Matthews	V	Rochford	44.35
48	Claire Hills	V	Brentwood	34.45	135	Sara Omer	V	Pitsea	44.38
49	Tracey Bradley	V	Castle Point	34.53	136	Lisa Gaskin	V	Havering 90	44.56
50	Gemma Fairhurst	V	Tri Sport	34.56	137	Joanne Reeves	V	Castle Point	44.57
51	Diane Fairchild	V	Brentwood	35.04	138	Sally McKeown	V	LOSS	45.08
52	Tina Reeve	V	LOSS	35.07	139	Laura Hemsworth		Castle Point	45.55
53	Joanne Ling	V	Billericay	35.13	140	Cathy Salmon	V	LOSS	46.10
54	Anne Gunn		LOSS	35.24	141	Bev Markham	V	Castle Point	46.14
55	Lian Simmonds	V	Rochford	35.25	142	Laura Avery		Castle Point	46.20
56	Eleanor Carmichael	V	LOSS	35.30	143	Ellen Reeves	V	Castle Point	46.24
57	Rea Evison	V	LOSS	35.52	144	Julie Stokes		LOSS	46.25
58	Hannah Sheikh	V	Dagenham 88	36.00	145	Denise Woolston	V	Dagenham 88	46.31
59	Lynsey Prentiss	V	Brentwood	36.07	146	Alison Dunn	V	LOSS	46.34
60	Catherine Maylin	V	Castle Point	36.08	147	Jane Sprent	V	Dagenham 88	46.48
61	Joanne Colby	V	Rochford	36.15	148	Lynne Northcott	V	Dagenham 88	46.48
62	Nicola Rudgley	V	Pitsea	36.24	149	Lucy Burdett	V	Havering 90	46.49
63	Jo McNeilly	V	Castle Point	36.27	150	Laura Kelly	V	Havering 90	47.03
64	Charlotte Owen		Barking	36.39	151	Melissa Lowndes	V	Barking	47.08
65	Ineligible athlete			36.42	152	Maria Bartlett	V	Barking	47.26
66	Tonia Hagan	V	LOSS	36.45	153	Caitlin Gillard	V	LOSS	47.30
67	Tracy Hooper		Rochford	36.46	154	Alison Fryatt	V	Barking	48.12
68	Alison Hall	V	LOSS	36.53	155	Gillian Victory	V	Castle Point	48.16
69	Jo-Anne Hall	V	LOSS	37.07	156	Jessica Ellis	V	LOSS	48.22
70	Rahana Islam	V	Dagenham 88	37.07	157	Judith Clark	V	Rochford	48.30
71	Bridgette Bradley	V	Rochford	37.18	158	Rhoda Lester	V	LOSS	48.32
72	Emma De Cruz		Billericay	37.27	159	?????			48.42
73	Zoe Storrar	V	LOSS	37.54	160	Karen Batt	V	Castle Point	48.55
74	Jo Pearce	V	Pitsea	38.02	161	Julie Gillender	v	Barking	49.25
75	Samantha Childs	V	LOSS	38.07	162	Louise Pollock	V	Havering 90	49.25

76	Sue Fuller	V	EET	38.08
77	Vicki Calleja		Brentwood	38.12
78	Debbie Dunn	V	Castle Point	38.14
79	Eleanor Mole	V	Havering 90	38.19
80	Charlotte Killingback		Pitsea	38.28
81	Kathy Scourfield	V	Billericay	38.32
82	Kate Pettit	V	Havering 90	38.33
83	Carol Drake		LOSS	38.44
84	Linda Dutton		Rochford	38.51
85	?????		Rochford	38.52
86	Kairen Hart	V	Castle Point	39.05
87	Ellie Kimber		LOSS	39.05

163	Jackie Butler	V	Havering 90	50.15
164	Joanne Groom	V	Castle Point	51.22
165	Natalie Hal		EET	51.50
166	Debbie Jones	V	Havering 90	51.52
167	Suzanne Green	V	Havering 90	52.07
168	Suzanne Easley	V	Dagenham 88	52.15
169	Maria Brill	V	Havering 90	52.25
170	Jan Shaw	V	Havering 90	54.00
171	Andy Wright	V	Havering 90	54.26
172	Ronnie Waller		Dagenham 88	54.38
173	Jackie Tidbury	V	Havering 90	54.47
174	Shelley Edmeades	V	Rochford	55.00