



CAPTAINS NOTES ARE BACK!

Happy February all!

Once again EETC members have been embracing the MUD!!! Well done to everyone who ran XC at Weald Park. Another win for EETC! That's 4 in a row. We were 3rd OVERALL to Billericay and Benfleet. Brilliant performance.

Weald Park XC- 15th Feb 2015

Ladies

2nd Janice Brown 32:57
 4th Hayley Hawes 33:18
 6th Jo Sullivan 34:20
 8th Rebecca Gill 35:50
 13th Lesley Perone 37:36
 14th Katy Roberts 37:43
 16th Jenny Harley 38:03
 18th Jennie Page 38:31
 30th Hannah Kane 40:29
 39th Simone Collins 42:12
 58th Janet Burrows 54:24
 59th Alisha Green 54:36
 64th Tracy Bliss 57:40

Men

7th Christian Gray 27:42
 11th Paul Hart 28:21
 23rd Patrick Hannah 29:56
 26th Richard Wilkes 30:23
 36th Phil Grewock 31:22
 39th David Nicel 31:33
 41st Martin Palmer 31:46
 43rd Chris Payne 31:50
 48th James Bunn 32:16
 50th Jon Wyatt 32:25
 52nd Nelson Anderson 32:29
 53rd James Roberts 32:31
 56th Matt Cops 32:39
 65th Ray Brooks 33:39
 66th Mark Miller 33:48
 69th Phil Blerkom 34:04
 78th Justin Polley 34:50
 87th Colin Lanham 35:21
 88th Mike Blerkom 35:28
 91st Peter Harley 35:47
 168th Marc Saunders 51:08
 173rd Rob Kleider 54:24

Cyclopark Winter Duathlon – 8th Feb 2015

10th Darren Chaplin 1:23:06 (3rd Vet)
 24th Josh Bowers 1:34:25
 34th Geoffrey Nevett 1:41:46

Hadleigh Legacy 10k - 25th Jan 2015

10th Matthew Pickett 46:15
 17th Christopher Payne 47:59
 26th Tom Franklyn 49:08
 30th Nelson Anderson 49:46
 43rd Jez Baxter 50:56
 161st Sean Allison 1:01:47
 206th Tina Hart 1:06:42
 229th Amber Snooks 1:08:18

Congrats Matt, Chris & Tom on the Team Prize.

Benfleet 15 results -18th Jan 2015

41st Matthew Pickett 1:52:21

100th Steven Sayer 2:01:33

110th Janice Brown 2:02:48

123rd James Roberts 2:04:45

124th Ian Maynard 2:04:51

131st Jez Baxter 2:06:00

133rd Wesley Absolom 02:06:13

143rd Chris Bartholomeusz 2:07:16

170th Ray Brooks 2:10:22

181st Sam Edgings 2:11:07

196th Daniel Copp 2:12:34

207th Mike Blerkom 2:13:42

212th Rob Kleider 2:14:21

233rd James Kane 2:16:53

257th Peter Harley 2:19:45

278th Jenny Harley 2:22:08

351st Ian Tovell 2:33:05

366th Keith Makinson 2:34:55

370th Jennie Page 2:35:44

371st Ben Pickett 2:35:44

373rd Carl Suckling 2:35:44

422nd Simone Collins 2:41:44

425th Mark Williams 2:42:19

525th Lee Runciman 3:03:02

Congrats to everyone who finished the Benfleet 15. I stayed in bed.

Future EETC League Events:

Feb

26th Feb = 400mtr Swim TT @ BSV.

March

8th March = Hadleigh XC

21st March = GoTri

April

3rd April = Crown 2 Crown

6th April = Easter Egg TT @ Steeple

12th April = Diss Duathlon

26th April = Notley Spring Duathlon

May

10th May = Redricks Lakes Sprint & Standard Tri

13th May = Steeple TT

17th May = Tri Force Sprint Tri

17th May = Big East Standard Tri

30th May = Hanningfield Sprint Tri

June

6th June = Basildon OFF ROAD Tri – Still places available

9th June – Midweek Bridge Aquathlon

14th June = Trifarm Tri

17th June = Steeple TT

21st June = Fritton Lake Standard Tri

RACE REPORTS!

Us triathletes love a race report. Instead of reading them, write one! We would love to hear how your race went. It doesn't have to be an Ironman, it can be any race, anywhere. Email me paul.hart@lemon-gs.co.uk, and I will publish it.

Apologies if anyone has been missed off the results. The clubs incredible success over recent years has resulted in memberships approaching 300! With the huge amount of events as well, it feels like EETC are everywhere! People being missed is inevitable. Please can I ask everyone to post events/results etc on facebook or email me at paul.hart@lemon-gs.co.uk , or call or text 07528 681085, with any results/races/info etc. I would love to hear from you.

Remember, wear your colours, be proud, you're part of a fantastic club.

Paul