



JUNIORS (and youths!)

Dunton Cycling Sessions

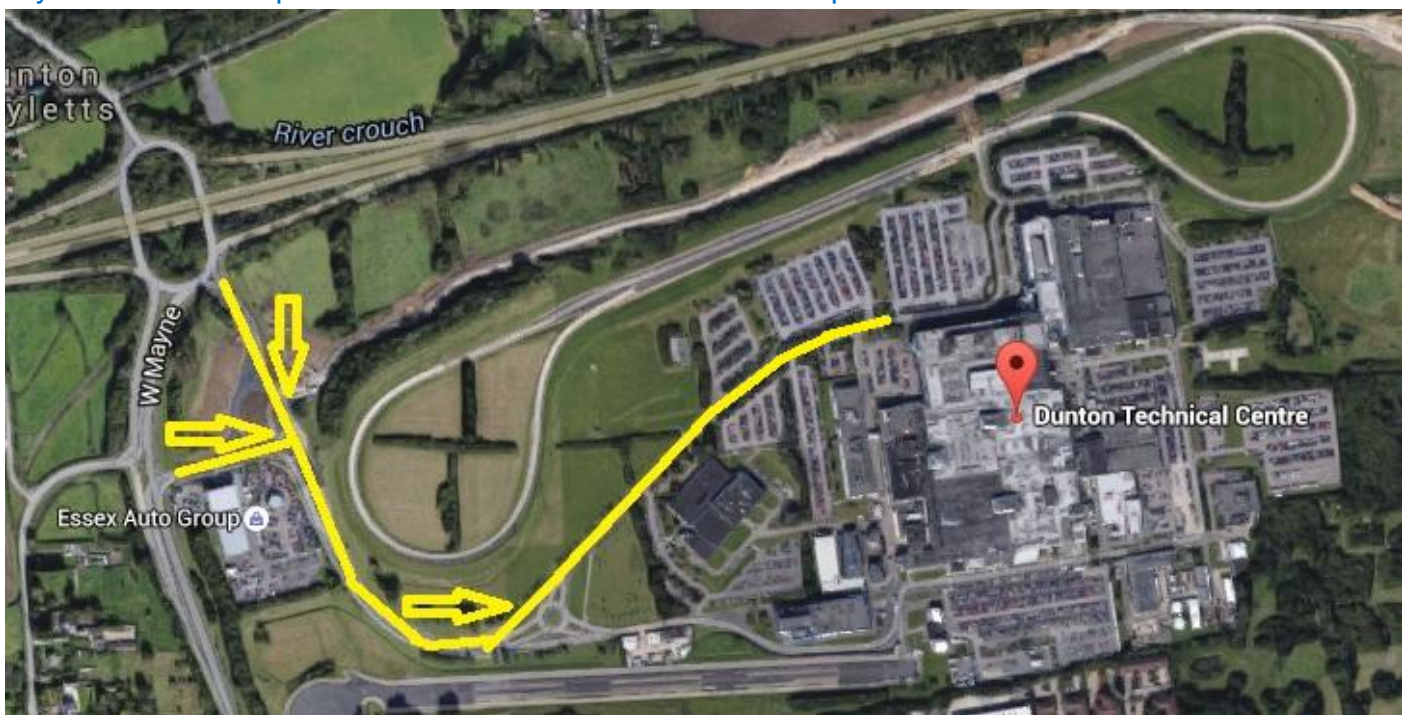
Sorry for the delay in getting final confirmation that these will go ahead and thank you to Zena for chasing this up with Ford on a daily basis.

When?

All sessions will be between 1pm and 3pm on Saturday 27th February (this Saturday), Sunday 13th March, Saturday 9th April and Sunday 24th April.

Where?

These will take place at the [Ford Technical Centre at Dunton](#). Please follow the road marked in yellow on the map from either entrance round to the car parks.



How much?

Each session will cost £2 and you can use a pre-paid training card (as issued at Tuesday track sessions) if you have one. There is no need to book in advance and you are welcome to decide on the day if you want to turn up but if you know you plan to be there then please let me know so that we can have an idea of numbers.



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What else do I need?

1. Appropriate clothing. The weather for midday Sunday is currently forecast to be 6 degrees celsius and overcast so make sure you have warm layers to put on before and after riding.
2. A drink. Despite the cool temperatures, do not underestimate how much you might sweat over the two hours.
3. A snack. Take something like a cereal bar to have during and/or after the session.

Please be aware that this is private property and permission to use it can be revoked at any time. We are very lucky to be able to make use of it to enjoy safe traffic-free cycling and hope to continue to do so beyond these trial sessions so make sure you are representing yourself and the club in the best possible light.

We look forward to seeing as many of you as possible there on Saturday.
Martin