

2019 GRAYS TRI/AQUABIKE/AQUATHLON START LIST

Race No	Start Time	Forename	Surname	Gender	Club	Category
1	07:00:00	Vicki	Andreotti	Female	East Essex Tri Club	Vet 40+
2	07:00:30	Teresa Jane	Flannigan	Female	East Essex Tri Club	Vet 50+
3	07:01:00	Mike	Applewhite	Male	East Essex Tri Club	Vet 50+
4	07:01:30	Trevor	Hand	Male	East Essex Tri Club	Vet 50+
5	07:02:00	Sue	Fuller	Female	East Essex Tri Club	Vet 50+
6	07:02:30	Emma	Flin	Female	East Essex Tri Club	Vet 40+
7	07:03:00	Marc	Jones	Male	East Essex Tri Club	Vet 40+
8	07:03:30	Deborah	Hall	Female	East Essex Tri Club	Senior
9	07:04:00	Victoria	Groves	Female		Vet 40+
10	07:04:30	Phillip	Scott	Male	East Essex Tri Club	Vet 40+
11	07:05:00	Jane	Bramble	Female		Vet 50+
12	07:05:30	Victoria	Hopkins	Female	East Essex Tri Club	Vet 40+
13	07:06:00	Adam	Harley	Male	East Essex Tri Club	U21
14	07:06:30	Graeme	Silcock	Male	East Essex Tri Club	Senior
15	07:07:00	Tish	Phelps	Mixed	East Essex Tri Club	Relay
16	07:07:30	Jo	Phelps	Female	East Essex Tri Club	Vet 40+
17	07:08:00	Denise	Kemp	Female	East Essex Tri Club	Vet 50+
18	07:08:30	Jordan	Kemp	Female	East Essex Tri Club	Senior
19	07:09:00	Daniel	Harley	Male	East Essex Tri Club	U21
20	07:09:30	Beth	Badman	Female	East Essex Tri Club	U21
21	07:10:00	Holly	Freegard	Female	East Essex Tri Club	U21
22	07:11:00	Andrew	Elford	Male	C C Bexley	Vet 50+
23	07:12:00	Amy	Reid	Female		Senior
24	07:13:00	Toby	Marsh	Male		Vet 40+
25	07:14:00	Kemi	Owoeye	Female		Vet 40+
26	07:15:00	Morayo	Ayeyemi	Female		Vet 50+
27	07:16:00	Kay	Dark	Female		Vet 40+
28	07:17:00	Dola	Oladipo	Female		Vet 40+
29	07:18:00	Louise	Cootes	Female		Vet 40+
30	07:19:00	Nigel	Cooper	Male		Vet 50+
31	07:20:00	Stuart	Dennett	Male		Vet 50+
32	07:21:00	Terry	Dyer	Male		Vet 50+
33	07:22:00	James	Wakeling	Male	JBR Run & Tri Club	Senior
34	07:23:00	Amanda	Milligan	Female		Vet 50+
35	07:24:00	Kez	Hughes	Female		Senior
36	07:25:00	Ken	Baksh	Male	Beckenham Running Club	Vet 50+
37	07:26:00	Emma	Tudor	Female		Vet 40+
38	07:27:00	Katrina	Richardson	Female		Senior
39	07:28:00	Nicholas	Jacques	Male	Cardiac Athletes	Vet 40+
40	07:29:00	Martyn	Coulter	Male	Harlow Tri Club	Senior
41	07:30:00	Caz	O'Haire	Female		Vet 50+
42	07:31:00	Daniel	Tudor	Male		Vet 40+
43	07:32:00	Paul	Turner	Male		Vet 40+
44	07:33:00	Richard	Seddon	Male		Senior
45	07:34:00	Rebecca	Larkin	Female		Senior
46	07:35:00	Graham	Bardell	Male	JBR Run & Tri Club	Vet 50+
47	07:36:00	Adam	Georgiou	Male		Vet 50+
48	07:37:00	Bayo	Osope	Male		Vet 50+
49	07:38:00	David	Dickinson	Male		Vet 40+
50	07:39:00	Kevin	Dark	Male		Vet 50+

Race No	Start Time	Forename	Surname	Gender	Club	Category
51	07:40:00	Lee	Ketteridge	Male		Vet 40+
52	07:41:00	Mariusz	Bronisz	Male		Vet 40+
53	07:42:00	Tony	Ashenden	Male		Senior
54	07:43:00	Wayne	Whiting	Male		Senior
55	07:44:00	David	Hogan	Male		Vet 50+
56	07:45:00	Les	Hewing	Male		Vet 50+
57	07:46:00	Chris	Davis	Male	Dartford White Oak Tri	Vet 50+
58	07:47:00	Jamie	Nash-Legrys	Male		Senior
59	07:48:00	Lorraine	Cowley	Female		Vet 50+
60	07:49:00	Zoe	Storrar	Female		Senior
61	07:50:00	Claudio	Valentini	Male	Tri Sport Epping	Vet 50+
62	07:51:00	Murray	Spencer	Male	Cycle Club Bexley	Vet 50+
63	07:52:00	Tara	Merrell	Female		Vet 40+
64	07:53:00	Marc	Engall	Male	Cycle Club Bexley	Vet 40+
65	07:54:00	Ryan	Gillard	Male	Leigh-on-Sea Striders	Senior
66	07:55:00	Paul	Jennings	Male	LFB Triers	Vet 50+
67	07:56:00	Chris	Jolly	Male	Tri Sport Epping	Vet 40+
68	07:57:00	Simon	Jolly	Male	Trisport Epping	Vet 50+
69	07:58:00	Paul	Collis	Male		Vet 40+
70	07:59:00	Russell	Barr	Male		Vet 40+
71	08:00:00	Sean	Pope	Male		Vet 50+
72	08:01:00	Gary	Grayland	Male	Cycle club bexley	Vet 50+
73	08:02:00	Jason	Farr	Male		Senior
74	08:03:00	Martin	Sansom	Male		Vet 50+
75	08:04:00	Mark	McGiddy	Male	Walden Tri	Vet 50+
76	08:05:00	Daniel	Daly	Male	LFB Triers	Vet 40+
77	08:06:00	Phil	Baker	Male	Tri Sport Epping	Vet 50+
78	08:07:00	Ashley	Smith	Male		Vet 40+
79	08:08:00	Matthew	Cook	Male		Senior
80	08:09:00	Stuart	Andrade	Male		Vet 40+
81	08:10:00	Nigel	Burvill	Male	Tri Sport Epping	Vet 50+
82	08:11:00	Neil	Delgaty	Male		Vet 50+
83	08:12:00	Anna	Carter	Female	Essex Roads CC	U21
84	08:13:00	Scott Eric	Robinson	Male		Vet 40+
85	08:14:00	Steve	Gray	Male		Vet 40+
86	08:15:00	Paul	Wyatt	Male	Havering Tri	Vet 40+
87	08:16:00	Christopher	Hovenden	Male	Les Stables Tri Holidays	Senior
88	08:17:00	Egor	Naumov	Male		U21
89	08:18:00	Jo	Hovenden	Female	Medway Tri	Senior
90	08:19:00	Oliver	Springate	Male	Clapham Chasers	Senior
91	08:20:00	Graham	Bailes	Male	Tri Sport Epping	Vet 40+
92	08:21:00	Richard	Battams	Male	JBR Run & Tri Club	Senior
93	08:22:00	Stuart	Jago	Male	Chalkwell Redcaps	Aquabike
94	08:23:00	Christopher	Holland	Male	Westcroft Tri Club	Aquabike
95	08:24:00	Terry	Wightwick	Male	Dartford White Oak Tri	Aquathlon
96	08:25:00	Peter	Wightwick	Male		Aquathlon
97	08:26:00	Kieran	Neary	Male		Aquathlon

Race No	Start Time	Forename	Surname	Gender	Club	Category
98	08:27:00	Day Entry	U21	Male		U21
99	08:28:00	Day Entry	U21	Male		U21
100	08:29:00	Day Entry	U21	Female		U21
101	08:30:00	Day Entry	U21	Female		U21
102	08:31:00	Day Entry	Senior	Male		Senior
103	08:32:00	Day Entry	Senior	Male		Senior
104	08:33:00	Day Entry	Senior	Female		Senior
105	08:34:00	Day Entry	Senior	Female		Senior
106	08:35:00	Day Entry	Vet 40+	Male		Vet 40+
107	08:36:00	Day Entry	Vet 40+	Male		Vet 40+
108	08:37:00	Day Entry	Vet 40+	Female		Vet 40+
109	08:38:00	Day Entry	Vet 40+	Female		Vet 40+
110	08:39:00	Day Entry	Vet 50+	Male		Vet 50+
111	08:40:00	Day Entry	Vet 50+	Male		Vet 50+
112	08:41:00	Day Entry	Vet 50+	Female		Vet 50+
113	08:42:00	Day Entry	Vet 50+	Female		Vet 50+
114	08:43:00	Day Entry	Relay	-		Relay
115	08:44:00	Day Entry	Relay	-		Relay
116	08:45:00	Day Entry	Aquabike	Male		Aquabike
117	08:46:00	Day Entry	Aquabike	Male		Aquabike
118	08:47:00	Day Entry	Aquabike	Female		Aquabike
119	08:48:00	Day Entry	Aquabike	Female		Aquabike
120	08:49:00	Day Entry	Aquathlon	Male		Aquathlon
121	08:50:00	Day Entry	Aquathlon	Male		Aquathlon
122	08:51:00	Day Entry	Aquathlon	Female		Aquathlon
123	08:52:00	Day Entry	Aquathlon	Female		Aquathlon
124	08:52:30	Matthew	Aitken	Male	East Essex Tri Club	Vet 50+
125	08:53:00	Chris	Milne	Male	East Essex Tri Club	Vet 50+
126	08:53:30	Andrew	Rouyer-Brown	Male	East Essex Tri Club	Vet 50+
127	08:54:00	Toby	Knight	Male	East Essex Tri Club	Vet 40+
128	08:54:30	Samuel	Hill	Male	East Essex Tri Club	Senior
129	08:55:00	Ray	Brooks	Male	East Essex Tri Club	Vet 40+
130	08:55:30	Daniel	Lethby	Male	East Essex Tri Club	Senior
131	08:56:00	Ben	Brooks	Male	East Essex Tri Club	U21
132	08:56:30	Ian	George	Male	East Essex Tri Club	Vet 50+
133	08:57:00	Daniel	Jago	Male	East Essex Tri Club	Vet 40+
134	08:57:30	Jack	Martin	Male	East Essex Tri Club	Senior